



Craniosacral Client Intake

Emily Martin, BCST, LMT

Name _____ DOB _____ Phone _____

Address _____ Occupation _____

Address _____ Email _____

Emergency Contact: Name, Relationship _____

Emergency Phone _____ Physician _____

Please describe your current self care: _____

What is your intention or treatment goal? _____

History Please list all that apply:

Breaks, sprains and surgeries, major and minor, can leave lasting patterns in the body; falls, auto accidents and injuries, even from early ages, apply. Please also list any medical concerns you are aware of including blood pressure or heart conditions, seizures, cancer and ongoing disorders including sleep or digestive disruptions, tinnitus, headaches, visual disturbances, etc.

Please share any current, recent or ongoing situations or events causing higher than normal amounts of stress.

How would you rate the following?

Poor (1) to (10) Fantastic

Sleep _____

Mood _____

Digestion _____

Do you experience any of the following?

Headaches

Vertigo

Tinnitus/ringing in ears

Numbness/tingling

Post Traumatic Stress

Sleep disruptions

Depression

Digestive issues

Chronic Pain

Anxiety

By signing below I certify that the above information is complete and correct. I will inform the therapist as changes occur if therapy is to be ongoing. I agree to be responsible for all financial obligations for services rendered including no show fee of \$25 for appointments not cancelled 24 hours prior. I understand that neither the therapist or the facilities shared/used by the therapist are will be liable for any injuries or loss sustained to myself or property while on the premises. In addition the therapist disclaims responsibility for injury sustained during stretches or exercised that may be suggested. I will not begin excercises or stretches without first consulting my physician.

Client Signature _____ Date _____ Therapist _____ Date _____